World Record Breakers in Track & Field Athletics

Gerald Lawson

Description

"World Record Breakers in Track & Field Athletics is a complete account of the sport's all-time fastest, highest, and strongest performances. But the book is much more than a listing of dates and statistics; it's a captivating look at the men and women who had the talent, training, skills, and will to make their marks in the sport. Bannister's mile, Beamon's long jump, and Joyner-Kersee's heptathlon are but a few of the outstanding performers and performances captured so vividly through stories and hundreds of accompanying photographs. The book also selects and highlights its "Gold, Silver, and Bronze medalists," the three best athletes ever to compete in each event."

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Shaw ran a record-breaking 31.24 in the fourth of the 200m heats in which the wind reading was -0.9. A great afternoon for Eaglehawk sprinter Kye Mason included a hard-fought victory...